



# HOW TO VOTE IN NORTH CAROLINA

A Quick Guide for People with Disabilities Voting in the 2022 General Election on or Before November 8, 2022.



## REGISTERING TO VOTE

- **How can I register to vote?** You can register:
  - If you have already registered, you can check if you are registered to vote at [vote411.org](https://vote411.org).
  - Online at North Carolina's [Online Voter Registration Website](#).
  - By downloading and mailing the North Carolina [mail in registration form](#).
- **When do I need to register?** Be sure to register to vote on or before October 14, 2022. You may also register to vote in person during the early voting period, but not on Election Day. Learn about the early voting period below.
- **Do I need identification (ID) to register?** You will need to have a North Carolina address and North Carolina state ID card or driver's license. You can use your social security number if you don't have a state ID.
- **Can I vote if I have a disability?** Yes! People with disabilities who are 18 years old or older have the right to vote. Your vote matters and is protected by laws to make sure voting is accessible, independent, and private. If you have a guardian, you can still vote. For help understanding or getting back your right to vote, contact your local [Protection and Advocacy Agency \(P&A\)](#).

- **Can I vote if I have gone to jail or prison?** If you have gone to jail or prison, you should check to see if you are allowed to vote. Learn about voting rights for people who have [gone to jail or prison](#). You can also [contact your local P&A](#).



## LEARNING ABOUT THE ISSUES

- **What is a ballot?** A ballot is a list of who and what you can vote for. Your ballot will list candidates who are running for different offices, such as Senator or Representative. You vote by marking your choice on the ballot.
- **What is a ballot measure?** Sometimes, your ballot will have ballot measures. A ballot measure is a law, issue, or question that you can vote on. Voters get to decide if they agree or disagree with the ballot measure by voting yes to agree or no to disagree. You can learn about ballot measures on the North Carolina [election website](#).
- **Can I look at my ballot before I go to vote?** Enter your home address in [Ballotpedia's Sample Ballot Lookup](#). This tool will give you a "sample ballot," which will show you what will be on your ballot when you vote.



## VOTING IN PERSON

- **Where do I need to go to vote?** The place where you go to vote in person is called a polling place. You can find your local polling place through the North Carolina election website. [Find your polling place](#).
- **Can I vote before Election Day?** North Carolina allows any voter to vote in person before Election Day during the Early Voting period. The early voting period is set by the polling place, but it generally starts on October 20, 2022 and ends on November 5, 2022. Contact the local election office for more information.

- **Can I vote outside if the polling place is inaccessible?** Yes, North Carolina does allow voters to vote outside the polling place if it is inaccessible. This is called curbside voting.
- **What if I want help with filling out my ballot?** If you need help with voting, you can have a family member assist you. That family member can be a spouse, parent, grandparent, sibling, child, grandchild, mother in law, father in law, stepparent, or stepchild. Voters who have a physical disability, who are blind, or who can't read the ballot can choose someone who isn't a family member help them vote. Their helper cannot be a candidate or their boss. If they are part of a labor union at work, the person who helps them vote cannot be a representative of that labor union. [What is a labor union?](#)
- **Do I need an ID?** North Carolina does not require voters to show ID to vote in person, unless it is their first time voting in a federal election in North Carolina. [Learn about voter ID.](#)



## VOTING BY MAIL

- **Can I vote by mail?** Any voter in North Carolina can vote by mail-in ballot.
- **How do I request a mail ballot?** You must request your mail-in ballot online, in person, or by mail. [Request your ballot.](#)
- **Can I get an electronic mail-in ballot?** North Carolina allows voters who are blind or have low vision to request an accessible absentee ballot that they can mark and return electronically. [Request electronic ballot.](#)
- **When do I need to request my ballot?** The last day to request your ballot is November 1, 2022. Request your ballot as soon as possible to make sure that you receive your ballot on time.
- **Do I need to sign my ballot?** Be sure to sign your ballot or envelope when asked, since North Carolina requires this signature to match one

of your past signatures. Your ballot also must either be witnessed by a notary or signed by two witnesses. [What is a notary?](#)

- **What if I want help with filling out my ballot?** You are allowed to have a relative or legal guardian help you fill out your ballot. If you don't have a relative or legal guardian to help you, you can have someone else help you.
- **How do I return my ballot?** You can return your ballot by mail or in person. Your ballot must be received by election officials by November 8, 2022.
- **Can someone return my ballot for me?** Yes, you may choose to have someone, except for a candidate, return your ballot for you.
- **Do I need an ID to vote by mail?** You must include your North Carolina ID number when you apply to vote by mail. You do not need to include a copy of your ID when returning your mail ballot.
- **Can I track my ballot?** Yes, you can track your ballot online to see if the elections office has received it. You can do this on the North Carolina election website. [Track your ballot.](#)



## MORE VOTING HELP

- **Where can I find more info on how to vote?** Check out the North Carolina [state election website](#). Learn about [voting assistance for voters with disabilities](#).
- **What if I am having trouble voting or registering to vote?** If you have any trouble voting, [contact your local P&A](#). The hotline number for voters with disabilities is 1-877-235-4210.
- **What if I have more questions?** Check out these resources:
  - [North Carolina State Board of Elections](#): 866-522-4723
  - [Disability Rights North Carolina: Accessible Voting](#)
  - [Guardianship and Voting Laws](#)

- [Resources for Deaf and Hard of Hearing Voters](#)
- [Resources for Blind and Low Vision Voters](#)
- [Easy Read and Plain Language Voting Resources](#)
- [ASL Hotline](#): 301-818-VOTE (301-818-8683)
- [Election Protection Hotline](#): 866-OUR-VOTE (866-687-8683)



The 2022 State Voting Guides for Disabled Voters are made by the REV UP Voting Campaign at the American Association of People with Disabilities. This project was led by Sarah Blahovec with plain language support from Liz Weintraub at the Association of University Centers on Disabilities and input from REV UP organizers.