



# HOW TO VOTE IN NORTH CAROLINA

## A Quick Guide for People with Disabilities Voting in 2023 Local Elections

**Note:** North Carolina only has local elections in 2023. To find out if your city/town has an election in 2023, contact the [local election office](#).

There are lots of different words and phrases used in voting and elections. We explain some of these words and phrases in this guide. Other definitions and examples can be found in our [Voting Language Resource](#).

There are also phrases that might change based on where you live. For example, in this guide, we use the term "local election office." In some cities and towns, this office might have a different name. Your local election office might be called the county clerk, county election commission, board of elections, or something else. You can find that information by clicking on the links for each state that we have included in the guide.



## REGISTERING TO VOTE

- **How can I register to vote?**
  - You can find out if you are already registered by visiting [vote411.org](https://www.vote411.org).
  - Register to vote online at North Carolina's [online voter registration website](#).
  - Register to vote by downloading, filling out, and returning the North Carolina [voter registration form](#).

- **When do I need to register?** The voter registration deadline is 25 days before Election Day. You can also register in person at your polling place during the Early Voting period.
- **Do I need an identification (ID) to register?** You will need a driver's license or non-driver state ID to register to vote. You can use your Social Security number if you don't have a driver's license or non-driver state ID.
- **Can I vote if I have a disability?** Yes! People with disabilities who are 18 years old or older have the right to vote. Your vote matters and is protected by laws to make sure voting is accessible, independent, and private.
- **Can I vote if I have a guardian?** In this state, if you have a guardian, you can still vote. For help understanding your right to vote and guardianship, contact the local [Protection and Advocacy Agency \(P&A\)](#).
- **Can I vote if I have gone to jail or prison?** If you have gone to jail or prison, you should check to see if you are allowed to vote. Some states take away your right to vote if you have gone to jail or prison. Learn about voting rights for people who have [gone to jail or prison](#). You can also learn more from the [Campaign Legal Center](#) or [contact the local P&A](#).



## LEARNING ABOUT THE ISSUES

- **What is a ballot?** A ballot is a list of who and what you are voting for. Your ballot will list candidates who are running for different offices, such as School Board members, City Council members, or State Representatives. You vote by marking your choice on the ballot. If you are voting by marking a paper ballot, and not using a voting machine, make sure to look at both sides of the ballot. Sometimes, your ballot has choices on both sides.

- **What is a ballot measure?** Sometimes, your ballot will have ballot measures. A ballot measure is a law, issue, or question that you can vote on. Voters get to decide if they agree or disagree with the ballot measure by voting yes to agree or no to disagree. [Learn about ballot measures](#) on our resource page.
- **Can I look at my ballot before I go to vote?** Enter your home address in [Ballotpedia's Sample Ballot Lookup](#). This tool will give you a "sample ballot," which will show you what will be on your ballot when you vote.



## VOTING IN PERSON

- **Where do I need to go to vote?** The place where you go to vote in person is called a polling place. You can find your local polling place through the North Carolina State Board of Elections website. [Find your polling place.](#)
- **Do I need an ID to vote in person?** This state requires voters to show a photo ID to vote in person. [Learn about voter ID.](#)
- **What if I need help with filling out my ballot?** You are allowed to have someone help you fill out your ballot.
- **Who can help me with filling out my ballot?** If you need help with voting, you can have a family member assist you. That family member can be a spouse, parent, grandparent, sibling, child, grandchild, mother in law, father in law, stepparent, or stepchild. Voters who have a physical disability, who are blind, or who can't read the ballot can choose someone who isn't a family member help them vote. Your boss cannot help you vote. If you are part of a labor union at work, the person who helps you vote cannot be your labor union representative. [Learn about labor unions](#) on our resource page.
- **Can I vote before Election Day?** This state allows any voter to vote in person before Election Day during the Early Voting period. The early voting period is set by the local election office, but it generally starts 19

days before Election Day and ends on the Saturday before Election Day. Contact the [local election office](#) for more information.

- **Can I vote outside of the polling place if it is inaccessible?** This state allows voters to vote outside the polling place if it is inaccessible or you have a physical disability. This is called curbside voting. Contact the [local election office](#) for more information about curbside voting.



## VOTING BY MAIL

- **Can I vote by mail?** Any voter in this state can vote by mail-in ballot. (If a polling place is not accessible to people with disabilities, this is another way for you to vote.)
- **Do I need an ID to vote by mail?** You must include your North Carolina driver's license or non-driver state ID number when you apply for a mail-in ballot.
- **How do I request a mail-in ballot?** You must request your mail-in ballot online or through the local election office in person or by mail. [Request your ballot.](#)
- **Can I get an electronic mail-in ballot?** This state allows voters who are blind or have low vision to request an electronic ballot. They can mark the ballot and return it electronically. Contact the [local election office](#) to find out if you can request an electronic ballot to vote in local elections in 2023.
- **What is the deadline for requesting my ballot?** The last day to request your ballot is 7 days before Election Day. Request your ballot as soon as possible to make sure that you receive your ballot on time.
- **What if I need help with filling out my ballot?** You are allowed to have a relative or legal guardian help you fill out your ballot. If you don't have a relative or legal guardian to help you, you can have someone else help you.

- **Do I need to sign my ballot envelope?** Follow the instructions on the envelope to sign your envelope when asked. Your ballot will not be counted if your signature is missing. Your ballot also must either be notarized by a notary or signed by two witnesses who are 18 years old or older. A notary is someone that is appointed by the state government to witness signatures on important documents. [Learn about notaries](#) on our resource page.
- **How do I return my ballot?** You can return your ballot by mail or deliver it to the local election office or an early voting site. Voters who vote on an electronic ballot can return the ballot electronically. If you are returning your ballot by mail, it must be postmarked by Election Day and received no later than 3 days after Election Day. If you are delivering your ballot, it must be received by 5 p.m. on Election Day.
- **Can someone return my ballot for me?** Yes, you may choose to have a family member or legal guardian return your ballot for you.
- **Can I track my ballot?** Yes, you can track your ballot online to see if the local election office has received it. You can do this on the North Carolina State Board of Elections website. [Track your ballot.](#)



## MORE VOTING HELP

- **Where can I find more information on how to vote?** Check out the [North Carolina State Board of Elections website](#). Learn about [voting assistance for voters with disabilities](#).
- **What if I am having trouble voting or registering to vote?** If you have any trouble voting, [contact the local P&A](#). If you need help, the phone number is 1-877-235-4210.
- **What if I have more questions?** Check out these resources:
  - [America Votes: Local Election Office Directory](#)
  - [Guardianship and Voting Laws](#)

- [Resources for Deaf and Hard of Hearing Voters](#)
- [Resources for Blind and Low Vision Voters](#)
- [Easy Read and Plain Language Voting Resources](#)
- [Campaign Legal Center: Restore Your Vote](#)
- [VoteRiders: Voter ID Help](#)
- [ASL Hotline](#): 301-818-VOTE (301-818-8683)
  - Please note: the ASL Hotline is only available for November 2023 Elections
- [Election Protection Hotline](#): 866-OUR-VOTE (866-687-8683)



The 2023 State Voting Guides for Disabled Voters are made by the REV UP Voting Campaign at the American Association of People with Disabilities. This project was led by Sarah Blahovec. A plain language review was done by Hannah Brecher, Plain Language Consultant and Self-Advocate; Latisha Martin, Plain Language Consultant and Self-Advocate; Liz Weintraub, Senior Advocacy Specialist, Association of University Centers on Disabilities.